



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Our Y RE-OPENS Tuesday, May 26 at 7AM!!

The Cambridge Area YMCA Family Center is pleased to announce that the facility will re-open with a new schedule Tuesday, May 26th at 7:00am. Conservative health and safety measures will be instituted in order to comply with state, local, and insurance company guidelines.

Initially the facility will be open to Ohio YMCA Nationwide members only.

The Y has created two separate workout spaces in opposite ends of the building: one is the free weight and circuit machine workout area called the Wellness Center and the other is the Cardio Center. All of our equipment has been moved to accommodate social distancing guidelines. The Y is required to adhere to a 50% occupancy permit that will be monitored by staff. Although there are several areas in the building where masks are not required to be worn, the YMCA expects members to wear a mask when first entering the building. Masks are also to be worn in the Wellness Center; whereas, masks are completely optional in the newly created Cardio Center.

Members will need to sign a new liability waiver and have a touchless temperature check, etc. with our re-opening during pandemic status. There are new separate liability waivers for Youth which must be signed by parent/guardians and one for all Y volunteers. These are insurance carrier expectations which must be adhered to.

The Y is fortunate to have a state-of-the-art fresh air exchange HVAC system which assures quality of the air in the large facility. Lockers, locker rooms, showers, and child watch will not be available at re-opening.

Fitness classes will resume on Monday, June 1st under the supervision of the Fitness Director, Carmella Dixon. All classes will be held in the Y gymnasium where we have two separate fresh air exchange systems and lots of room to spread out. Class schedules may be found on the YMCA's website beginning May 26th.

The Cambridge YMCA will be continuing to assess the health and safety measures in response to evolving state and local guidelines, as well as fulfilling its' liability insurance requirements.

Members are encouraged to come and check out all the work that has been accomplished to make our Y a good place to be during this challenging period. We think you will be pleased. This can be a fresh opportunity to evaluate your current work-out routine and change it up!

Schedule:

Monday - Friday (7:00am-9:00am all members, 9:30am-11:00am seniors/vulnerable population, 11:00am-1:00pm all members, 4:00pm-8:00pm all members)

Saturday (7:00am-12:00pm all members)

Sunday (closed)

Cambridge Area YMCA Family Center

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We're More than a Gym. We're a Cause.

Our Mission: To build strong kids, strong families and strong communities by providing educational, social and physical education programs focusing on life skills, citizenship, character development and health.